

A Beginners Ski Holiday

Choosing a Ski Resort

For the novice skier, it is advised to select a ski vacation in a location that is suitable to all levels of expertise: That way all members of your group, no matter their level, can make the most out of the vacation. Most destinations do offer various ski runs, ranging from wide, smooth beginner's runs, to expert courses, which can be to be complicated and a little dangerous.

Novice skiers should invest in ski lessons from ski tutors at the holiday resort. Ideally, the new skier should take lessons prior to the vacation to learn the basics. A beginner should hire their ski equipment because purchasing it before knowing what one requires from the equipment may be a costly mistake.

What to Take with you

Beginner skiers often underestimate how essential proper ski clothing is: An average jacket and mitts are not going to be appropriate. Gloves should be waterproof with a grip, jackets lightweight and wind-resistant and trousers ("salopettes") designed for the needs of skiers.

In addition, skiers should also buy thick socks, a warm hat and scarf, shades (the glower off the snow can be intense) and sunblock (it is easy to get burned). For maximum comfort and safety, a new skier is best to wear thin layers that enable movement, rather than one very thick layer. Most ski resorts stores accommodate ski-clothing rentals.

Lift Passes

A lift pass is required to allow access to the slopes. They can be purchased as part of a vacation package or purchased in resort each day (though you may experience long lines at popular resorts). Prices are based on where you are, but many deals can be located by looking online, asking the hotel concierge, purchasing in advance or buying for a group.

Always know what time the last lift leaves the slopes each day and organize a meeting point and time with your friends. It is also an excellent idea to carry a mobile phone with you for any issues.

About the Author

A ski holiday for a beginner can be a great experience provided that they do a bit of research to make sure that the [Thomson ski](#) resort they have chosen is the right one for them. Get some tips from travel writer Lawrence Gilbert from [Travel Bites](#)

Source: <http://www.outdoorsarticles.com>