

## Winter Camping Tips

Adventurous snowmobilers often add an extra measure of excitement to their snowmobiling vacations " camping.

Sleeping outdoors over night for a few consecutive nights is not an easy feat to accomplish without experiencing frostbite or hypothermia or, at the very least, extreme discomfort.

It is cold enough to endure the frigid temperatures that go along with snowmobiling during the daytime hours, but the evening hours provide another level of frigidity and cold weather without the warmth of the sun to balance out the cold.

There are some precautions and measures that adventurous lovers of the outdoors can take to protect themselves during winter camping to fully enjoy their experience, though.

Don't get caught up in all the excitement of a winter excursion too early as there is plenty of planning that is necessary.

Doing research about the areas you plan to visit and the winter seasonal conditions in those regions should be foremost in your planning so you can bring the appropriate equipment to stay safe.

Knowing the average amount of snow, routes that you plan to take, and the experience of the group that you are going to travel with are important factors in planning your winter camping trip.

For example, having children with no experience in your group will need a lot different planning than a group with fully experienced adults.

Camping overnight in the cold winter seasons can and will cause your body to lose a lot of it's self-generated body-heat. This can pose as a very dangerous situation if you don't take the necessary steps from the very beginning.

Thermal clothes are an essential during any winter activity like snowmobiling and they are even more vital if you are going to sleep outdoors overnight.

You may also want to use the layering method which is exactly as it sounds. Wear several layers of clothing to better insulate your body.

The best part of the layering method is that it allows you to easily shed a layer or two if your body overheats. Keeping your body dry will keep you hydrated much better than a sweaty body.

Finally, no overnight camping trip would be complete without an ample amount of food for everybody in the group. A popular treat among campers is smores, but campers should also include foods that provide a better degree of nourishment.

Since appetites lessen during cold weather, the food you take with you should be appealing so you are sure to get enough nutrition to keep you moving throughout the day.

Oatmeal, granola, cheese, and other dry foods which are rich in vitamins and minerals is a must for winter camper.

Camping and snowmobiling can lead to a great time for all groups but it will take some careful packing and planning. Do so and you can enjoy it many times over.

## About the Author

This article was written and provided by Wayne Torres; if you got a kick out of it or found it interesting, you can visit Wayne at [Watch the Inbetweeners Streaming Online](#) and [Watch the Sopranos Streaming Online](#).

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