

## Wetsuits - How Do They Work?

A wetsuit is an important gear for someone who loves water sports. Whether it is a scuba diving wetsuit, a surfing wetsuit or a wakeboarding wetsuit, whatever is the wetsuit for, it is important to know how wetsuits work.

Wetsuits are designed for a range of water sports to maintain body heat. When you submerge in the sea, a small amount of water will seep through the suit and this will eventually be warmed from the body heat of the wearer.

This water will preserve the body heat of the user and keeps the user from suffering a fatal condition called hypothermia. Hypothermia is a condition where the abnormal decrease in body temperature causes to stop vital body functions. Wetsuits are therefore important to prevent this.

A very flexible rubber called Neoprene makes up a wetsuits. This material is waterproof and has nitrogen gas bubbles in it to prevent the loss of heat from the user's body.

Neoprene is also light and can be very buoyant. This helps many swimmers to stay afloat. With this, divers usually have to carefully choose a scuba diving wetsuit that will neutralize buoyancy when they are underwater.

Wetsuits are there for protection but there are important things to keep in mind to make your wetsuit work for you. The most important is to have a wetsuit that fits you perfectly. This is a main consideration when choosing your wetsuit because this will determine its efficiency. However, wetsuits should not be something that restrains your comfortable breathing.

If you think you can wear a wetsuit to make you dry after swimming or go snorkeling, you are wrong. Wetsuits do not work like that. In fact, it allows water into the suit.

Wetsuits may come in different colors, sizes and styles, it may be a scuba diving wetsuit, a surfing wetsuit, but how wetsuits work is basically the same.

Wetsuits are protective garments. They protect you from cold, from hypothermia, from slight injuries underwater and from stings of water creatures like jellyfishes.

## About the Author

About the Author: This article was written by Paul Garnett on behalf of WetsuitPro.com, a [Discount Wetsuits](#) company. WetsuitPro.com features the latest in name-brand wetsuits, as well as [Hurley Wetsuits](#), so if you are in need of a brand new wetsuit visit them today and get that wetsuit you have been wanting!

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